

# 9 SKILLS THAT MATTER

## Definitions



### Adaptability and Willingness to Learn

We stay calm when things change; we are ready to try and learn new things.



### Communication

We exchange information and ideas with others by talking, writing, body language, and other ways of sharing.



### Critical Thinking

We study information and think carefully before we make decisions.



### Interpersonal Skills

We get along well with others; we also call these “people skills.”



### Navigating Systems

We follow a process to understand a problem and then develop a plan to solve it.



### Problem Solving

We follow a series of actions to achieve our goals, whether at work, in the community, or at school.



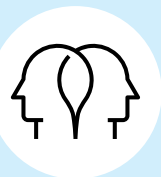
### Processing and Analyzing Information

We study information to find patterns and understand connections.



### Respecting Differences and Diversity

We accept people for who they are, even when we have different experiences, ideas, and opinions.



### Self-Awareness

We understand our strengths and weaknesses, know about our values and feelings, and understand how our words and actions affect others.



# 9 SKILLS THAT MATTER

Add Examples Here



Adaptability and  
Willingness to  
Learn

Communication



Critical Thinking

Interpersonal  
Skills



Navigating  
Systems

Problem Solving



Processing and  
Analyzing  
Information

Respecting  
Differences and  
Diversity



Self-Awareness

